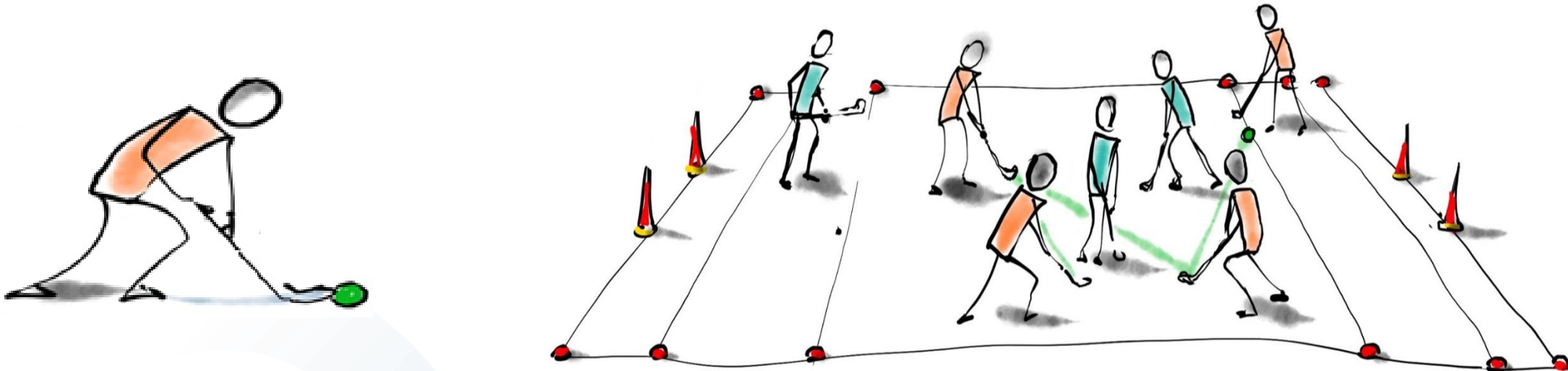


Field hockey is a team sport that is played on grass or artificial turf. It involves two teams of 11 players, including a goalkeeper. Players must use a curved stick to dribble, pass and shoot the ball. Field hockey requires a combination of skills including speed, agility, hand-eye coordination, and teamwork.



dribbling turn direction
control teamwork slap pass
push pass possession



STEPS TO SUCCESS

These are the skills I need to achieve success in LKS2 Hockey:

To hold a hockey stick correctly and safely.

To use a push pass.

To get on a low position when dribbling and/or passing.

To dribble a ball whilst changing direction.

To use a slap pass.

To play hockey games against others.