**long term planning**

**School Name: St Thomas primary Academy**

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|  | **Foundation** | **Year 1** | **Year 2** | **Year 3** | **Year 4** | **Year 5** | **Year 6** |
| **Autumn 1** | Me & Myself | Football | Tag Rugby | Tag Rugby | Football | Tag Rugby | Tag Rugby |
| Basketball | Football | Football | Hockey | Football | Football |
| **Autumn 2** | Movement & Development | Gymnastics | Hockey | Hockey | Tag Rugby | Hockey | Hockey |
| Hockey | Dodge ball | Dodge ball | Tennis | Dodge ball | Dodge ball |
| **Spring 1** | Throwing and Catching | Dance | Dance | Dance | Dance / Yoga | Gymnastics | Gymnastics |
| Volley Ball | Gymnastics | Gymnastics | Gymnastics | Dance | Dance |
| **Spring 2** | Ball skills | Handball | Handball | Handball | Athletics | Handball | Handball |
| Gymnastics | Basket Ball | Basket Ball | Orienteering | Basket Ball | Basket Ball |
| **Summer 1** | Fun & games | Fitness | Orienteering | Orienteering | Cricket | Tennis | Tennis |
| Netball | Fitness | Fitness | Athletics | Fitness | Fitness |
| **Summer 2** | Working with others | Athletics | Rounders | Athletics | Basketball | Athletics | Athletics |
| Rounders | cricket | cricket | Rounders | cricket | cricket |